



Supporting You Every Step of the Way!

*Our physicians use advanced
image-guided techniques and
personalized care to accurately
target pain, restore mobility,
and enhance your quality of life.*

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+1 800 265 3429



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Fluoroscopy & Ultrasound Guided Procedures

**Precision-Guided Injections for
Pain Relief and Mobility**

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What Are Fluoroscopy & Ultrasound Guided Procedures

Fluoroscopic and ultrasound guidance use real-time imaging to help physicians accurately target the source of pain. By visualizing joints, nerves, and surrounding tissues, these techniques support precise needle placement—improving safety, effectiveness, and patient outcomes.

Important Notes

- **Do not stop anti-platelet or blood thinner medications** (e.g., Aspirin, Plavix, Coumadin) unless instructed by your NeuPath Centre for Pain & Spine physician
- For Medial Branch Blocks (MBB): Please arrive with a pain level of **at least 5/10**. If your pain is below 5/10, we may need to reschedule
- You may wish to avoid taking pain medications on the day of your procedure
- Avoid driving after your appointment

Diagnostic & Therapeutic Procedures

Joint Injections & Medial Branch Blocks (MBB)

- **Lumbar & Thoracic Facet Joint Injections**
- **Medial Branch Blocks** (Cervical, Lumbar, and Thoracic)
- **Sacroiliac (SI) Joint Injections**

Purpose: A diagnostic and/or therapeutic procedure to identify and/or treat pain

How It Works:

- Needle guided under X-ray (fluoroscopy) near facet joint
- Contrast dye may be used for placement confirmation
- Injects a combination of corticosteroid (anti-inflammatory) and/or anesthetic to temporarily block pain signals

After Your Procedure:

- Monitored 15–30 minutes
- Possible numbness/tingling in the leg or foot (lasting 4–6 hours)

Facet & SI Joint Injections

- Corticosteroid effects begin in ~1 week
- Pain relief: may last weeks to months depending on the cause of pain

Medial Branch Block

- Pain Relief: 4-6 hours if successful

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Radiofrequency Ablation (RFA)

Purpose: A treatment for longer-term relief after positive diagnosis

- Uses heat energy to disrupt medial branch nerves, stopping pain signals
- Relief develops over 6–12 weeks and may last 6 months or longer
- Repeatable if pain returns

After Your Procedure:

- Monitored 30 minutes
- Post-procedure soreness common for 2–4 weeks

Speak to Your Physician Today!



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Centre for Pain & Spine