



Supporting You Every Step of the Way!

*Our physicians combine
expertise with personalized
care to reduce your headache
frequency, intensity, and
improve your quality of life
using Botox treatments.*

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+1 800 265 3429



info@neupath.com



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Botox for Migraines & Headaches

**Advanced Treatment to Reduce
the Frequency and Severity of
Your Symptoms**

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Understanding Migraines & Chronic Headaches?

- Migraines cause moderate to severe head pain, often with nausea, light sensitivity, or visual changes
- Chronic migraines are 15 or more headache days per month, at least 8 of which are migraines
- Other headache disorders (like tension headaches) may also respond to Botox
- Diagnosis is key: your NeuPath physician will evaluate your symptoms and history

Important Notes

- Health Canada-approved, safe, and effective for chronic migraines and certain headache types
- Botox must be administered by a qualified physician
- Continue your current migraine or headache medications unless advised otherwise
- Avoid strenuous exercise for 24 hours after treatment.
- You can resume most normal activities immediately

How Does Botox Work?



Step 1: Assessment

Your physician reviews your headache history and determines if Botox is suitable

Step 2: Treatment

- 31 small Botox injections around head and neck muscles
- Minimal discomfort, no anesthesia needed
- Usually completed in 10–15 minutes in clinic

Step 3: Results

- Improvement often seen within 4 weeks
- Effects last about 12 weeks
- Many patients experience up to a 50% reduction in migraine days

Please note: this service is private pay or may be covered by 3rd party insurance. Please check with your provider.



What to Expect After Treatment

- Most patients return to daily activities immediately
- Possible mild soreness or bruising at injection sites
- Treatments recommended every 12 weeks for ongoing relief
- Works best combined with your current migraine management plan

Is Botox Right for You?

If you suffer from chronic migraines or **frequent headaches**, Botox may offer meaningful relief

Speak to Your Physician Today!

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